

**COSMETIC SURGERY**

Abdominoplasty  
 Aurora®  
 Autologous Cell Therapy  
 Autologous Collagen  
 Belly button surgery  
 Bio-Alcamid®  
 BioSkinJetting®  
 Blepharoplasty  
 Botulinum toxin injections  
 Botox ®  
 Breast implant  
 Breast lift  
 Breast uplift  
 Breast reduction (female)  
 Breast reduction (male)  
 Brow lift  
 Buttock implant  
 Buttock lift  
 Calf implant  
 Cheek implant  
 Cheek bone surgery  
 Chemical peel  
 Chin surgery  
 Collagen  
 Comet®  
 Dermabrasion  
 Dermagraphics  
 Dermal filler  
 Dysport®  
 Ear surgery  
 Electrolysis  
 Eyelid surgery  
 Facelift  
 Fat implant  
 Fat reduction injections  
 Fat removal  
 Fat transfer  
 Female genital reshaping  
 Forehead lift  
 Genioplasty  
 Hair transplant  
 Hydracell®  
 Hylaform®  
 Isolagen®  
 Injection lipolysis  
 Intense Pulsed Light  
 (IPL) hair removal  
 Isolagen  
 Juvederm®  
 Labiaplasty  
 Labia reduction  
 Laser hair removal  
 Laser skin resurfacing

Light-based hair removal  
 Light rejuvenation therapy  
 Lip implant  
 Lipoplasty  
 Liposculpture  
 Liposuction  
 Lipotherapy  
 Liposculpture  
 Malar osteotomy  
 Malarplasty  
 Mammoplasty  
 Mastopexy  
 Mentoplasty  
 Mesotherapy  
 Micro-current treatment  
 Microdermabrasion  
 Micropigmentation  
 Microsclerotherapy  
 Micro-thermocoagulation  
 Navel surgery  
 Neurobloc®  
 Nipple reshaping  
 Nose job  
 Nose reshaping  
 Otoplasty  
 Pectoral implant  
 Penis augmentation surgery  
 Penis enlargement  
 Phalloplasty  
 Pinnoplasty  
 Plasma skin rejuvenation  
 Polaris®  
 Portrait®  
 Radiesse®  
 Radiofrequency treatment  
 Restylane®  
 Rhinoplasty  
 Rhytidectomy  
 Scalp surgery  
 Semi-permanent make-up  
 Silskin®  
 Skin peel  
 Suture facelift  
 ThermoCool®  
 Thermage®  
 Thigh lift  
 Thighplasty  
 Thread lift  
 Tummy tuck  
 Umbilicoplasty  
 Ultrashape®  
 Upper and lower eyelid  
 surgery

Veinwave®  
 Vaginoplasty  
 Vistabel

**COSMETIC DENTISTRY**

Cosmetic Dentistry  
 Dental Bonding  
 Dental Bridges  
 Dental contouring  
 Dental Crowns  
 Dental Implants  
 Dental laminates  
 Dental recontouring  
 Dental reshaping  
 Dental slenderizing  
 Dental stripping  
 Dental Veneers  
 Enameloplasty  
 Gum lifts  
 Invisalign®  
 Odontoplasty  
 Orthodontics  
 Teeth Whitening

**PROCEDURES**

Cataract surgery  
 Eye surgery  
 Fertility treatment  
 IVF  
 Laser eye treatment  
 MRI scans

**ELECTIVE SURGERY**

Anal fistula surgery  
 Arthroscopy of any joint  
 Carpal tunnel release  
 Colonoscopy  
 Cystoscopy  
 Epididymal cyst  
 Excision of ganglion  
 Facet joint injection  
 Gastroscopy  
 Haemorrhoidectomy  
 Hernias of abdominal wall  
 Hip surgery  
 Hydrocoele  
 Inguinal hernia repair  
 Knee surgery  
 Laryngoscopy  
 Pilonidal sinus surgery  
 Sigmoidoscopy  
 Skin lesion excision  
 Tennis elbow

Tonsillectomy or  
adenoidectomy  
Umbilical hernia repair  
Urethral dilatation  
Vaginal surgery  
Varicose vein surgery

### **SPA TREATMENTS**

Acupuncture  
Aerobic  
Alternating temperature bath  
Alternating temperature  
pouring  
Anti-cellulite massage  
Anti-cellulite treatment  
Anti-cellulite treatment with  
massage  
Antispastic kinezitherapy  
Aphrodite pack  
Aqua fitness  
Biopton lamp  
Body scrub with salt and fruit  
brandy and alkaline bath  
Carbon dioxide bath (in normal  
water)  
Carbon dioxide thermal bath  
Chocolate massage  
Cleopatra bath  
CO2 natural gas injections  
Cold air stream  
Cold packing  
Colon hydrotherapy  
Dead Sea complex body  
treatment  
Dead Sea salt massage  
Diadynamic stimulus current  
therapy  
Dolce vitae massage  
Dry carbon gas bath  
Dry wrap  
Ergo-therapy  
Foot massage  
Foot reflex massage  
Four cell galvanic bath

Full body/ partial medical  
massage  
Galvanic bath  
Green clay pack  
Group therapeutic exercise  
Gynaecologic mud/ peat  
treatment  
Honey and cabbage pack  
Hot stone therapy  
Hot towel back massage  
Hydromassage  
Individual bubble bath  
Individual mineral aromabath  
Individual mineral bath  
Individual salt bath  
Individual therapeutic exercise  
Individual thermal aromabath  
Individual thermal bubble bath  
Individual thermal mineral bath  
Infra-sauna  
Iontophoresis  
Kneipp treatments  
Laser therapy  
Local mud pack  
Lular exotic body treatment  
Lymph massage  
Magnetic therapy  
Manipulation and mobilisation  
therapy  
Manual lymph drainage  
Mineral drinking cure  
Mud pack  
Mud pool  
Natural dry carbon gas bath  
Nordic walking  
Oxygen inhalation  
Parafango pack  
Paraffin pack  
Peat packs  
Personal fitness consultation  
Pilates  
Priessnitz's packs  
Rehabilitation diagnostics  
Rehabilitation path

Relaxation massage  
Relaxing aroma bath  
Relaxing aromatic massage  
Relaxing head and face  
massage  
Revitalizing aroma bath  
Revitalizing aromatic massage  
Salt bath  
Salt cave (artificial salt cave)  
Salt inhalation  
Schwazwalds tonisation  
massage  
Scottish spray  
Segment and connective  
tissue massage  
Selective stimulus galvanic  
current  
Shiatsu  
Massage  
Special  
Cream packs  
Sport massage  
Step aerobic  
Stepping bath  
Tai chi  
Tens – transcutaneous electric  
neuro stimulation  
Thai massage  
Thermal bath  
Traction  
Traditional dry brush massage  
U.V. solux/ infra red  
Ultrasound therapy  
Underwater jet massage  
Underwater traction (in normal  
water)  
Underwater traction (in  
thermal water)  
Vital vacuum massage  
Water rehabilitation  
Wellness mud pack  
Yoga

**If you require cover for something that is not shown on the current list please contact us on:  
0845 260 1543 8am – 6pm, Monday to Friday (excluding Bank Holidays)**